



WHAT IS NEUROFEEDBACK USED TO TREAT?

Neurofeedback has been shown to improve impaired functioning associated with and/or resulting from:

- Pain
- Depression
- ADD/ADHD
- Impulse Control
- Sleep Disturbance
- Memory Retention



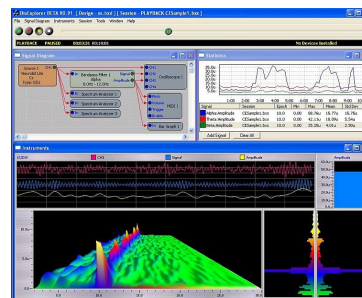
- PTSD
- Anxiety
- Conduct/Defiance
- Anger Management
- Learning Difficulties
- Motor Control

WHAT IS NEUROFEEDBACK?

Neurofeedback is brain exercise. We observe your brain in action from moment to moment by monitoring your brain waves. We show you your brain activity and we help you to change it by rewarding shifts toward a more appropriate and stable brain state. It is a gradual learning process.



HOW CAN NEUROFEEDBACK HELP?



Neurofeedback is training in self-regulation. Good self-regulation is necessary for optimal brain function. Self-regulation training enhances the function of the central nervous system and thereby improves mental performance, emotional control and physiological stability.

**CALL US TODAY TO SCHEDULE
YOUR APPOINTMENT!**

(305) 928-4021